

the newham mag

2 JUN 2007

ISSUE 122



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outdoors

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the newham mag



Welcome to issue 122 of the Newham Mag.

With Father's Day just around the corner, why not enter your dad in our competition? (see page 7).

The weather's finally more promising for getting out and about so why not go

to the garden party at Memorial Rec this month (page 22) or explore Forest Lane Park (page 10)?

I hope you enjoy the issue – and the sunshine!

Jen



On the cover:
Get out and about with the wildlife in Newham.

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Look out for the next issue from 16 June

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By 2010, Newham will be a major business location and a place where people will choose to live and work



In brief...

Newham Arts Festival

The Big Event at the Royal Festival Hall on 5 June will launch the fourth annual Newham Arts Festival, which showcases artistic achievements from Newham schools in dance, drama, music and visual arts.

A number of events will be happening throughout the borough this month, including an art exhibition at the University of East London, Dance Ventures at Stratford Circus and a jazz night.

New address for Early Start

Early Start Stratford is now based at a new venue. The address is 1 London Road, Plaistow E13 0AT. The telephone number is 020 8430 3221.

Be a Community Healthy Eating Champion

Community Healthy Eating Champions is a six-week course which aims to give local people a chance to gain the skills and experience to promote healthier lifestyles (mainly healthy eating) within Newham. It is for anyone aged 16 or over, who may be unemployed or currently volunteering.

You are invited to join our next course, which will run every Monday, Tuesday and Wednesday from 11 June to 18 July, from 9.30 - 2.30pm. It involves less than 16 hours per week – it will not affect your benefits – and we can offer help with travel and childcare costs to those who meet the criteria.

If you'd like to take part, contact Shamaela Perwiz at Newham Food Access Partnership on 020 8522 2298 by 5 June.

▶▶▶ Omana is ready for her civic duties



Omana at the Town Hall ceremony where she was made civic ambassador

Councillor Omana Gangadharan has been made Newham's Civic Ambassador and chair of the authority for the next municipal year. Councillor Gangadharan, who has represented Wall End Ward in East Ham for five years, is the first Indian woman to chair the council. She has lived in Newham for 33 years.

Omana said: "I enjoy meeting and caring for people and am looking forward to the next year immensely."

She will use her year in office to raise money for the neo-natal unit at Newham University Hospital, the Sree Narayana Guru Mission women's forum and the London Sri Murugan Temple elders group. Her religious adviser is Sri Naganath Sivam Giurukkal.

Omana takes over the role of civic ambassador from Councillor Pearson Shillingford. Her consort is her husband Koru.

Council and Police close crack house

A crack house in East Ham has been closed down following a joint operation between the council and Newham Police.

A closure notice was served on a property in Wakefield Street on 10 May. The following day an order was obtained at Stratford Magistrates Court enabling the premises to be secured and closed for three months. During this period the police effectively have control of the property and can arrest any person trying to gain entry without good reason.

The council and officers from the East Ham Central Safer Neighbourhoods Team collected information from residents and traders who had complained about drug dealing and anti-social behaviour at the address. Other information was also given anonymously through Crimestoppers.

The council has a crack house closure protocol with the police which guarantees a joint approach to shut places where drugs are taken, dealt or produced.



News

New employment facility opens in Stratford

With the launch of Workplace last week, local businesses now have access to a high quality service to source skilled staff without incurring recruitment costs.



Workplace is driven by employers' needs and will meet the increased demand for

trained staff in the run-up to 2012 and beyond, enabling businesses to exploit the opportunities coming to Newham.

Business start-ups can also turn to Workplace for expert advice on the viability of business plans and managing growth.

Companies already backing the scheme include the developers for Stratford City and Silvertown Quays, John Lewis, London City Airport and Bovis Lend Lease.

Businesses and individuals who would like more information or to book an appointment can call 020 8430 4331 or visit www.newhamworkplace.co.uk.

>>> Let the fine fit the crime

Fairer parking fines are to be introduced after a massive public consultation found that more than 80 per cent of those surveyed were in favour of the change.

The London-wide scheme will mean drivers parking at bus stops, on pedestrian crossings or in safety zones outside schools will receive a higher penalty than those overstaying at a parking meter.

Currently the penalties for illegal parking are £80 in Newham. From 1 July, a £100 penalty

will be applied to serious contraventions in outer London, while lesser contraventions will attract a penalty of £60. All fines are reduced by 50 per cent if paid within 14 days.

Newham Council's executive adviser for public realm Councillor June Leitch, said: "This scheme will mean harsher penalties for motorists who commit more serious crimes and lesser punishments for less serious crimes, which can only be welcomed."

For more information go to www.newham.gov.uk or telephone 020 8430 2000.



Rubbish dump sites given a makeover



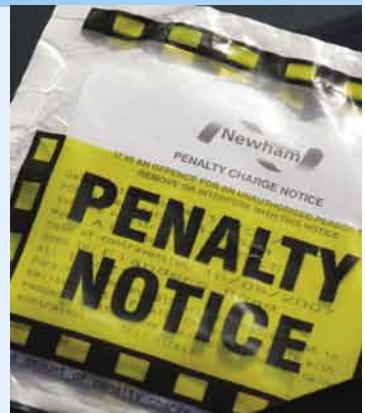
The council has transformed two sites in Plaistow that were being used by people as a dumping ground for rubbish.

The sites in Pelly Road have been given a makeover as part of the SCAR (Street Cases, Areas and Roads) scheme.

The programme identifies areas which are subject to fly-tipping and other anti-social behaviour. Design works are then carried out to prevent these problems happening again.

The two corner sites were being used as a dumping ground. A broken fence at one has been replaced and the land filled with hardy but attractive plants. The other has had railway sleepers placed around the edges and filled with soil, shrubs and bark chips. Both areas will be maintained regularly.

Resident Kevin Noonan, said: "People were always dumping rubbish but these planters have not only deterred this, but make the area look nicer."



My view

With Mayor Sir Robin Wales



Looking back over a decade of improvements

“Newham will only be a great place to live if we take pride in where we live and share that sense of pride as a community”

Being one of the few elected Mayors, I am directly accountable to you. It's important that I'm open and accessible for any Newham resident. Following the summer recess, I've increased the times and places where you can meet me to discuss your concerns, issues and suggestions for the borough. To find out more visit my website at www.newham.gov.uk/mayor or call 020 8430 2107 to find out where I'll be.

This month will be the last for Tony Blair as Prime Minister and I think it's a good chance to reflect on the changes that have been made in the past ten years and how Newham has benefited.

Unemployment in the UK has dropped impressively over the years and the introduction of a minimum wage means that people who are in employment are protected from unscrupulous employers. More and more people in Newham are getting jobs, but we still need to make sure those opportunities are extended to everyone – and that they are able to take advantage of them. What's encouraging though, are the job aspirations and expectations in the borough, and with the Olympics around the corner and our planned regeneration of the borough, these ambitions should help local people get the jobs that will be created.

There has been a crackdown on crime - and making sure that you feel safer in Newham has always been top of my

agenda as Mayor. Tony Blair saw our commitment first hand when he visited Newham's CCTV Control Room a few years ago. Working closely with the police in our Safer Neighbourhoods Teams has led to the closure of a number of crack houses and seen many people punished for their behaviour through Anti-Social Behaviour Orders. We're working really hard to make sure more people are held accountable for their actions.

With one of the most vibrantly diverse populations in the UK, Newham will only be a great place to live if we take pride in where we live and share that sense of pride as a community. I feel that sense of citizenship and respect when we all come together for council events such as last year's successful Big Sunday and Under the Stars, which will be repeated this year.

We've come a long way in the past few years and it's important we take this progress even further.

DAD OF THE YEAR 2007

Is your father one in a million? Is your pops a super dad?

Show him how much you care by entering him in our dad of the year competition, in conjunction with West Ham United Football Club and the Newham Recorder.

One lucky winner will be treated to a carvery lunch for four at Upton Park on Father's Day- Sunday 17 June.

You, your dad and two others will be picked up and taken to the Boleyn Ground, treated to a meal for four with wine, then dropped home afterwards.

To enter, just fill in the form below. Those nominated must live in the borough of Newham. The judge's decision is final and the closing date for entries is noon on Tuesday 12 June.

Recorder
More than a local newspaper

Newham



Your name

Why my dad deserves to be crowned dad of the year
(Attach a separate sheet if necessary)...

Your contact telephone number

Your dad's name

Your dad's age

Your dad's address

Your dad's telephone number

Send your entry to: Dad of the year competition, c/o Catherine Chappell, Communications, Newham Town Hall, East Ham E6 2RP by noon on **Tuesday 12 June 2007**.



She's hypnotising!

Karen Harding is a practising hypnotherapist. She tells us why the reality of hypnosis is very different to the stage shows of swinging pendulums and being made to dance like a chicken.



"Many people have preconceived ideas about hypnotherapy," says Karen. "But hypnotism and hypnotherapy are very different things."

"Hypnotists are the ones doing the stage shows, like Paul McKenna. Hypnotherapists use the tool of hypnosis to help people."

"When a person is in a trance, it is the emotional rather than the logical part of their brain that is most active"

Hypnotherapists like Karen help people address their problems by putting them into a trance in which their subconscious mind takes over. Unlike stage show hypnotists, who would like us to believe they have complete control over their subjects, hypnotherapists like Karen always ensure the client is in full control.

"Making a client go into a trance is a two-way process," says Karen. "There is no way you can send someone into a trance if they don't want to."

"If I made a suggestion to a client whilst they were in a trance that was morally or ethically beyond what they feel is right, they would snap out of the trance immediately."

The idea of going into a trance may seem frightening to some people, however Karen is quick to dispel the idea that it is somehow scary or would involve a complete loss of power.

"Trance is a naturally occurring state," she says. "Daydreaming and meditation are both forms of trance that people do every day."

"It is simply when what is going on inside your head is more interesting than what is going on externally. When you are driving a car down a well-known route and you switch off and go onto autopilot, you are in a trance. You are not asleep as you are still aware, and can see and hear things."

"A hypnotist helps someone into this state by making them concentrate on several things around them, such as their breathing or the temperature in the room. Our conscious mind can only think of seven things at a time, so once it is overloaded it moves to one side and the subconscious takes over."

When a person is in a trance, it is the emotional rather than the logical part of their brain that is most active. When this logical part is taken away during a trance we can see the real reason why we think and feel the way we do, and can make changes to our behaviour.

"Smoking is really good way of explaining this," says Karen. "Smoking is bad for you, and the logical, conscious part of you knows this, but the emotional subconscious part keeps reaching for that cigarette."

"When I'm with a client I look at what they think smoking gives them. Most of us start smoking when we are young, so it might have been from thinking smoking looked cool or sophisticated. I look at these and also the triggers that will make someone stop, such as thinking that they smell of smoke or a fear of getting ill."

Hypnotherapy can cure many problems, including irrational phobias and fears. Karen has also helped people through a range of emotional problems, including panic attacks, depression and fear of public speaking.

"We feel that as rational people we can will a problem away with logic, but hypnotherapy can really help when this fails," says Karen.

"With irrational behaviour, the client knows what the logical and rational thing to do is to solve the problem. Hypnotherapy allows the client to access and change areas of themselves which can stop them reaching this rational behaviour."

"Often people have suffered with

"We feel that as rational people we can will a problem away with logic, but hypnotherapy can really help when this fails"

these problems for many years. Using hypnotherapy simply helps them to do what they have wanted to do and thought was the right thing to do all along."

Karen Harding is based at Anthony's Surgery, Romford Road, Manor Park E12 6EA. Call 020 8555 8715 for more details or visit www.doors-of-perception.co.uk



The nurse sculpture refers to the park's origins as a maternity hospital

The lake is full of wildlife



Gladys Dimson House, part of the old maternity hospital

ONE FOR THE WILDLIFE LOVERS

In the fourth of our series on Newham parks, we look at what's on offer at Forest Lane Park, Forest Gate.

Forest Lane Park provides a unique opportunity for visitors to enjoy many types of wildlife.

It has a variety of interesting landscape features including mature and developing woodland, a lake and dipping pond, wetland marshy areas, mature vegetation, scrub and grassland meadows, raised ornamental beds and a children's play area.

History

Forest Lane Park, also known as Magpie Park, has a varied and interesting history. It is one of three Newham parks with the prestigious Green Flag Award. It is located on the site of Wood Grange Manor, which was purchased in 1847 by Quaker banker and philanthropist, Samuel Gurney, brother of Elizabeth Fry. Gurney gave the land to the Whitechapel Board of Guardians in 1852 who built the Forest Gate Hospital Industrial School for poor children here in 1854.

The school remained until 1906, and was the scene of a tragedy in 1890 when a fire caused the deaths of 26 children. In 1908 it became the branch workhouse of Poplar Union, and in 1911 it was purchased by West Ham Union which reopened it as a workhouse infirmary in 1913. It remained as a hospital and was expanded in 1931 and 1950 although the main Victorian building remained. Forest Gate Maternity Hospital finally became redundant in 1985 when Newham General Hospital opened, and it closed in 1985.

The local community became involved in the development of the site when the hospital closed. The Hospital Site Action Group campaigned for the open space to be retained as a local park. The group

participated in the management of the park after its creation and later became the Friends of Forest Lane Park.

Soon afterwards part of the back of the original main building was demolished and houses built on the site, and most of the rest of the building was demolished in 1993. However, the front was retained and the southern and central part of the grounds also remained.

Forest Lane was developed as a public park between 1991 and 1994 by Newham Council.

Points of interest

The Lodge

Originally this was the hospital lodge. In the past it was the base for British Trust Conservation Volunteers and it is currently used for educational activities, birthday parties and as a venue for community meetings.

Dipping pond and lake

The pond is home to an amazing variety of animals and plants such as damsel flies, dragonflies, newts, water boatmen and aquatic plants.

Woodland

Take a stroll through this area and enjoy the native trees; oak, sycamore, cherry and ash.

The Nurse

The tall wooden sculpture of a nurse refers to the origins of the site as a maternity hospital. It is made from oak from nearby Epping Forest.

Gladys Dimson House

This was originally one of the old maternity buildings. It is now residential housing.

Did you know?

There are three different types of woodpecker that can be seen in Forest Lane Park? They are the lesser spotted, the great spotted and green woodpeckers.

The cabbage white, yellow brimstone and small blue butterflies, dragonflies and damsel flies can be seen there too.

Forest Lane Park
Magpie Close
Forest Lane
Forest Gate E7
Open- dusk until dawn
Buses: 58, 308, 330
Railway: Forest Gate, Maryland
www.newham.gov.uk/parks
020 8430 2000
yourparks@newham.gov.uk





LOCAL POLICE, LOCAL KNOWLEDGE

SAFER NEIGHBOURHOODS- ONE YEAR ON

It has been just over a year since the establishment of a Safer Neighbourhoods (SN) Team in each of the 20 wards in Newham.

In this time, the teams have been working with their partners and listening to their communities to make Newham a safer place.

They provide a reassuring presence on foot or by bicycle and work with you to reduce crime and the fear of crime.

Since the introduction of the teams in



this borough, there has been a dramatic increase in members of the public talking to the police and police community support officers (PCSOs). The surgeries held by the teams encourage people who live and work here to meet their local police team face to face.

THE POSITIVE IMPACT SAFER NEIGHBOURHOODS HAS HAD IN NEWHAM

In **Forest Gate South** ward, Sergeant Paul Collins and his team have worked in partnership with the council to have a dispersal order put in place around the Woodgrange Road/Romford Road junction to deal with street drinkers, drug users and prostitutes that previously congregated in the area. Six main culprits were identified using the council's CCTV, and were given anti-social behaviour orders (ASBOs).

Sewa Singh, the proprietor of Perrier Wines in Romford Road, said: "The area is much better since the dispersal order has been in place. The community is a safer place, with street drinkers and drug users considerably reduced. Because of this, the street is cleaner and a nicer place to be. Thanks to our Safer Neighbourhoods Team."

In response to the improvements made in relation to gang activity in **East Ham North** ward, a letter of thanks from local residents and business owners with 107 signatures attached was presented to Chief Inspector Derrick Griffiths last month.

It said: "We wish to thank Newham Borough Police for the efforts taken in reducing the gang culture in Newham.

"We would also like to especially thank the East Ham North SNT for their continued support to the community. They are always present on the streets, making it a safe and better place for all."

Ch Insp Dickson said:

"Safer Neighbourhoods has changed the face of many communities in Newham. The impact the teams have had on their wards is extensive; people now know who their local officers are and how to contact them."



An officer talks to children

To find out what else Safer Neighbourhoods Teams are doing to make Newham safer, visit www.newhampolice.co.uk

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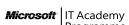
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Nursing and Midwifery Careers Fair

Wednesday 13 June, 14:00-17:00 at The Old Town Hall, Stratford

Want an exciting and rewarding career that makes a real difference to other people's lives?

Come to our Careers Fair and find out about training to become a nurse or midwife at St Bartholomew School of Nursing and Midwifery, The City University, London.

- Meet our friendly lecturers
- Get tips on applying
- Chat to our students and watch them in action
- Get information about financial support while you learn

We are a world-renowned nursing and midwifery school based in the heart of London. We offer Diploma and Degree level courses in Children's, Adult and Mental Health Nursing as well as a Degree in Midwifery.

We have places available starting in February and September 2008.

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Course entry criteria

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- 5 GCSE's at A-C or the equivalent (e.g. completed Access to Nursing).

Nursing Degree and Midwifery Degree

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For both Nursing and Midwifery courses:

- If English is not your first language we will require evidence of your English proficiency (IELTS level 6.0 to 6.5 or equivalent)
- UK residency OR Indefinite Leave to Remain OR asylum status (proof of applicable status is required)

No need to book a place - just turn up.

Call 020 7040 5983 or go to www.city.ac.uk/sonnm for more information



City University
London

St Bartholomew School of
Nursing & Midwifery



Stuff your orange bags!

Fill them to the top...with paper and light card, catalogues and directories, plastic drink and detergent bottles and food and drink tins and cans.

Nothing else – no food, tin foil, cling film, margarine tubs or yoghurt cartons. Not even glass – because we have more than 150 recycling banks for bottles and jars.

And no green garden waste – we'll collect this for free. Just call us on 020 8430 2000.



Many of you already know how to use your orange bags. But we think there's still a long way to go to make Newham a top recycling borough. We are improving – we've doubled our recycling rate over the past two years. But we still only recycle about 15 per cent of our waste, while it's actually possible to recycle as much as 60 per cent. Put another way, if you recycle all you can, you should have more in your orange bags than your rubbish bags.

What's the council doing to help, you might ask? Quite a lot actually. While we've been gradually introducing services for residents, we've been busy behind the scenes investing huge amounts in new cutting edge technology at our recycling centre at Jenkins Lane. This has opened up new opportunities for increasing our recycling in a sustainable way. The extra capacity created by this investment means we'll soon be extending the orange bag home collection service to every household in the borough – great news for those of you who've been patiently waiting for it.

Something new – co-collections coming your way

Around the time the orange bags go borough-wide, we'll change the way we collect them. One truck will collect both rubbish and orange bags. This is also made possible by our new technology at Jenkins Lane which can separate the orange bags from rubbish by picking them out with special light beams. You don't even have to worry about your orange bags splitting in transit and getting mixed with rubbish. Despite their appearance, they are surprisingly durable.

So there you go. You stuff your orange bag with only the things that are meant to go in it, and we do the rest. You and us – what a team. Together we'll drive up our recycling rate. Maybe 60 per cent is a bit ambitious just now, but we have high hopes of exceeding 20 per cent within the next year. As the saying goes, "Rome wasn't built in a day". Watch this space for updates.

So what are you waiting for? Stuff those orange bags. But make sure they're not so full you can't tie them securely.

Seni07 A SMASHING SUCCESS

Newham played host to a preview of the Olympic combat sports at the prestigious Seni07 Expo.

One of the world's largest martial arts and combat sports exhibitions, Seni07 debuted at ExCeL London this year after many years at the Birmingham NEC.

In what proved to be one of the biggest events in the borough so far this year, the council worked closely with the organisers and local clubs to help deliver some breathtaking displays.

The Newham Borough Amateur Boxing Association Challenge saw some talented youngsters competing. This took place in the show's main Toe to Toe Arena where the professional promotion, broadcast live on Sky, was staged.

Undaunted by their surroundings, the boxers from Peacock, East Ham, West Ham and Newham Amateur Boxing

Clubs (ABCs) ensured that the bouts were worthy of the spectacular arena.

Over in the council's Olympic Youth Zone, the crowds were treated to some formidable displays of skill and determination in combat sports. The Gurumu Taekwondo Club soon drew a crowd with their extravagant displays. Stratford Judo Club continued the action with a very high tempo display from students of all ages. And Olympic Taekwondo gold medallist Michail Mouroutsos provided a masterclass training session. Day two got off to a rousing start with West Ham ABC delivering a slick routine. They finished off by inviting people onto the arena to partake in pad work and skills drills.

Newham Swords Fencing Club provided a nice contrast by demonstrations involving some of their senior fencers including chief instructor and former Great Britain representative Linda Strachan.

There were more amateur boxing displays to close the show, this time provided by the Peacock ABC from Canning Town. They, like West Ham, had a very successful weekend. The action was briefly interrupted by an impromptu appearance by former Olympian Denise Lewis.

Councillor Jon Knott, who went along, said: "This was a fantastic opportunity for local clubs to showcase themselves on a national stage.

"It was particularly appropriate as Newham will be the home of the Olympic boxing and martial arts events in 2012."



Taekwondo gold medallist Michail Mouroutsos gives a masterclass

Clean, green and relaxing surroundings

Newham University Hospital NHS Trust is committed to providing a sustainable environment for patients, visitors and staff.

Alongside the local community, the Trust is caring for the environment by ensuring all new facilities are state-of-the-art, built within harmonious surroundings and designed to be energy and waste efficient.

Caring for the hospital environment

In the last year our facilities and services have been dramatically improved to make the environment cleaner, greener and safer.

We have created a number of relaxing and therapeutic gardens, furnished with plants and fixtures that offer a sanctuary amidst the busy hospital environment. The main hospital corridor was upgraded to provide a lighter, cleaner and simpler route to other areas in the hospital.

Higher scores have been achieved for cleanliness in assessments undertaken by the Patient Environment Action Team through robust cleaning and maintenance and achieving higher standards. The environment is also designed to be cleaner with smooth, wipe-clean surfaces, which contribute to improved infection control and environmental standards.



Raj Shaikh, a local resident, said: "It's quite pleasant. Whenever I visit, the environment is really clean and the people are really friendly. I always see people cleaning."

It's quite pleasant. Whenever I visit, the environment is really clean and the people are really friendly. I always see people cleaning."

To further improve the hospital environment, all our new buildings make the most of light and space to provide a welcoming feel to the hospital and artwork has been put up throughout the Trust's buildings. This has been provided by local schools and artists, promoting community inclusion and ownership. The benefits of artwork have been shown to enhance the patient experience and aid recovery.

Recycling

Our new recycling schemes reduce the amount of waste going to landfill sites. Silver recycling stations have been installed at hospital entrances so that plastic bottles, cans, cartons and polystyrene drink containers can be recycled.

Paper, old equipment and furniture are being recycled locally in partnership with the Newham Wombles recycling scheme, toner cartridges are being recycled and waste is being managed more effectively.

In partnership with Newham Council and the community, a green travel plan is in place that reduces traffic and transport pollution and enhances wellbeing.

Staff and patients appreciate these changes and this is reflected in the feedback we receive and how the hospital is rated.

Send us your message

This month the Trust celebrates the first anniversary of its new buildings. It is inviting you to send a message to be included on a new messageboard, telling them what you think. Send it to Communications Team, Newham University Hospital NHS Trust, Executive Offices, Glen Road, Plaistow E13 8SL or email it to comms@newhamhealth.nhs.uk by 10 June.

For more information and to apply on-line go to
<http://www.newham.gov.uk>

London Borough of Newham,
Recruitment Team, First Floor,
328 Barking Road, East Ham, London E6 2RT
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STANDING UP TO YOBS

Newham Council, in partnership with the police, obtained ASBOs on these young men after they made life hell for residents.



Alfonso Sinclair



Aminul Hoque



Byron Miller



Charlton Bradstock



David Edwards



David Neil



Kyron Waithe



Terry Neil



Kadeem Rock

Stratford Magistrates Court granted the council Anti-Social Behaviour Orders (ASBOs) against David Edwards, 21, Alfonso Sinclair, 18, Kyron Waithe, 18, brothers Terry, 17, and David Neil, 15, Kadeem Rock, 18, Byron Miller, 18, Charlton Bradstock, 19, and Aminul Hoque, 18.

They were amongst a group of more than 20 rowdy yobs who urinated, left excrement, littered, smoked drugs, drank alcohol, damaged property and graffitied walls in Greenhill Grove and Snowhill Road, Manor Park, for nine months.

Bradstock even threatened the caretaker of the block of flats in Snowhill Road telling him: "I will take your eyes out," and "I will cut your mouth with the saw".

District Judge Hayden Gott said: "There's no doubt that for a lengthy period of time a large group of youths have been making life a misery for the residents of the Snowhill and Greenhill estates and the community at large. They have very little, or no regard for others."

The group are now banned from entering the estates, graffiting anywhere in Newham and behaving in a manner likely to cause harassment, alarm or distress to anyone in the borough for three years.

Executive adviser on crime and anti-social behaviour Councillor Ian Corbett said: "Yobbish behaviour like this is disgusting and must not be tolerated."

Edwards, Waithe and Bradstock were

each ordered to pay £150 costs and Terry Neil, Miller and Sinclair were ordered to pay £250 costs to the council.

Failure to comply with the order can lead to a fine or imprisonment. If you have any concerns about anti-social behaviour, call the freephone ASB hotline at the bottom of the page.

If you witness any of these youths breaching their ASBO, call 020 8534 1212.

HOW RESIDENT WORKED WITH THE COUNCIL TO STOP THE YOBS

Khaleel Soobabur helped council officers gather evidence on the yobs by keeping a diary record of their movements.

He said: "It was terrible. The residents were very frightened and there was always a group of them selling drugs, making noise and all sorts. Sometimes there would be ten to 15 of them.

"When the council asked me to help

by keeping a diary I was very happy to. I am very impressed with the way this has now been dealt with.

"Since they first went to court for the ASBO hearings in February, it has got a lot better. We are much happier and I think it will continue because now we know exactly what to do if we see any of them breaching their ASBO."

→ TO REPORT ANTI-SOCIAL BEHAVIOUR, CALL NEWHAM'S 24-HOUR HOTLINE **0800 731 3300**

ADOPTION



A new way of life

**Don't just think about it, call
0800 783 6388**

www.newham.gov.uk



WHAT'S GOING ON...

All welcome to 16 June Open Day

June Open Day

UEL is opening its doors to all visitors at the biggest ever summer Open Day on Saturday 16 June. Visitors will be able to enjoy guided tours of the campuses, talk to staff and students about the hundreds of programmes on offer, and pick up advice and guidance on all aspects of university life. Book your place today at www.uel.ac.uk/openday



Public Lecture Series

On Wednesday 13 June, Professor Andrew Silke from UEL's School of Law will speak on the psychology of terror. For further details, visit www.uel.ac.uk/lectureseries.

UEL goes green in war on warming



The innovative children's garden

UEL is set to cut its carbon footprint and reduce energy bills by joining the Carbon Trust's Higher Education Carbon Management Programme. The new Student Village at Docklands, opened in April, is specially designed to reduce heat and water wastage, while the Children's Garden features recycled prefabricated construction.

Darryl Newport, director of the Sustainability

Research Institute at UEL, runs regular green awareness days on campus and is planning to install solar panels and other energy-generating technology.

"Sustainable development is the biggest challenge facing the world today," he said.

Not all in the mind!

UEL psychology student Kate Canaway has won a national award from the Higher Education Academy Psychology Network for an inspiring essay aimed at encouraging others to make the most of their studies.

Kate said: "It's been an amazing year at UEL. Taking this course has been one of the best decisions I ever made; I've finally found my vocation and now feel totally focused on becoming a clinical psychologist."

UEL's School of Psychology, based at Stratford, is one of the leading centres for psychology education in the UK.

BA or bust!

History met visionary fashion when an exhibition of corsets went on display at UEL's School of Architecture and the Visual Arts in Docklands in May. *Corsets: historical inspiration to contemporary design*, showcased work from second year students. On 4 June, UEL final-year students will be showing at Graduate Fashion Week.

Caryl Court, senior lecturer in fashion design, said: "Corsets are particularly intricate and difficult garments to construct, and it has been a fantastic opportunity for our students to develop a whole range of skills and inspire some of the most impressive work of the year."

Sikh Women's Conference a success

Sikhs from across the UK gathered at UEL on 13 May for a day of debate and celebration organised by the Sikh Women's Alliance in partnership with UEL's Education and Community Partnerships Team. Participants heard from inspirational speakers, attended workshops and enjoyed exhibitions and a performance by Forest Gate's Dhol Academy.

UEL is rated among the leading modern (post-1992) universities in the UK according to the Guardian University Guide. For details of all programmes and to receive a copy of our new prospectus, contact 020 8223 3333 or visit www.uel.ac.uk

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do one thing at the

Springwatch Garden Party for London

Bring the family to meet bees, butterflies, birds and bats at this special London party taking place in Newham.

Take part in nature activities and see how you can 'do one thing' to help your environment.

The Garden Party will be held on Saturday 9 June from 1-6pm at the Memorial Recreation Ground, Memorial Avenue E15. It's just two minutes' walk from West Ham tube station and the 276 bus stop.



Enjoy...

Eat good food, listen to music and see BBC London presenters in action. Learn how to be a Springwatch Tracker, meet animals from Newham City Farm and keep fit by going green.

Do One Thing

The garden party's theme is 'do one thing' – an invitation to everyone to do something for wildlife in Newham and London-wide. It could be to plant a tree, nurture the nettles, give a bird a home, reap what you sow or even bring us your own idea. You'll be given lots of ideas on the day on how you can get involved.

BBC London and Boogie Beebies

BBC London 94.9 will be broadcasting live from the event with a special Springwatch show. Also making an appearance at around 3pm is Nat from Boogie Beebies. The CBeebies star will be leading dances on stage for youngsters to join in with.



Memorial magic

If you've never visited Memorial Recreation Ground, or remember it of old, you'll now be amazed by its solar-powered community resource centre complete with a living grass roof, a new multi-use games area, youth shelter areas and a play orchard for under-eights. Newham Council and the New Deal for Communities team have transformed the site.

map



transport

Newham Council and the BBC want to make this event as green as possible so please use public transport, walk or cycle. Parking will be available for Blue Badge holders only. No parking will be available anywhere around the recreation ground.

For up-to-date information on buses and tubes please call London travel Information on 020 7222 1234 or see www.tfl.gov.uk

For C2C trains see www.c2c-online.co.uk

access information

Parking for Blue Badge holders is on a first come, first served basis. Blue badge access is via Ronald Avenue. Wheelchair accessible toilets are available on site. The event takes place on grass. Please note: Do not bring glass bottles or sharp items into the park. You may be searched as a condition of entry.

highlights

Kasai Masai

Traditional sounds from equatorial African villages.

BBC Springwatch

Trackers and Spotters

Nature trail fun for youngsters - track and spot and win a prize.

Iman Osman

Acoustic jazz from a local artist (presented with a top award from Access to Music).

Boogie Beebies

Meet Nat from Cbeebies' *Boogie Beebies* and join in with some special Springwatch dances!

Luis Lema Salsa Band

Salsa, merengue and reggaeton flavour from the pacific coast of Columbia.

Butterfly walk-through

Get close up to caterpillars, butterflies and moths in a tropical tent.

Hosted by actor Darren Hart, the "Hartman" from DRD who has also performed at the National Theatre.

Events, performers and times may be subject to late changes. For up to date programme and site details visit www.newham.com

COMMUNITY FORUMS



GREEN STREET

SPRING CLEAN FOR GREEN STREET

Coke cans, crisp packets and cigarette butts had nowhere to hide when Green Street residents hit the streets during the Community Forum's *Make A Difference Day*.

The event, which is the third of its kind in the borough this year, was a fun afternoon to combat litter and spruce up the community.

More than 120 people, including around 70 children, collected more than 40 bags of rubbish from an area where fly-tipping is common.

Miss Herbinder Kaur Chadha, 35, attends many Community Forum events and took her mother to the Make a Difference Day.

She said: "It was a fun afternoon and good to meet new people. There were a lot of children taking part and that inspired us – I picked up rubbish and my mum held the bag so we worked as a team. We even cleaned Dorset Road, where I live, and it really made a difference."

After the street clean, people enjoyed Indian food and free activities including a bouncy castle, face painting and health MOTs with Newham Fit Club.



Councillor for Green Street East Rohima Rahman, said: "It was great to have an event outdoors and see whole families getting involved and enjoying themselves. During the clean-up parents were teaching children and it was excellent to watch the kids taking pride in their area."

The Make a Difference Day was in conjunction with the council's Operation Street Pride, which was launched in Green Street on April 30 and ran for three weeks.

The operation aimed to improve shopping streets in the borough by addressing crime and anti-social behaviour problems and complaints to the council and other enforcement agencies.

WHAT IS A COMMUNITY FORUM, WHICH IS MINE AND HOW CAN I GET INVOLVED? **CALL 0800 5194015 TO FIND OUT MORE**



EAST HAM

YOUNG PEOPLE ENTHUSE ABOUT EAST HAM

Fitness, fencing and facilities were some of the hot topics at the East Ham Community Forum youth event in May.

More

than 50 young people keen to be active and healthy, got amongst the action and found out about different sports clubs and facilities. Some got inspired by what's already on offer, while others discussed changes they'd like to see.

Brampton Manor School sports enthusiasts Emily Henry and Curtis Agyekum, talked about their school's emphasis on health-related fitness, along with the need for more sports facilities.

Curtis said: "East Ham is good as a whole but not the best it could be – we could get more people involved in physical activity. Anyone can succeed through effort and determination."

Community Lead Councillor for East Ham, Lakmini Shah said: "It was good to find out what young people want from us as a council and also great to see them learn about what's already on offer. It's so important to get young people involved because they are the future leaders of Newham."



Clr Lakmini Shah, welcomes Langdon School students.



Brampton Manor students Curtis Agyekum and Emily Henry at the youth event.



CUSTOM HOUSE/CANNING TOWN

GET YOUR HEALTH KICK

Fancy a free massage, fruit juice and fitness test?

Get all this and more at the Custom House and Canning Town Community Forum health event on Saturday 16 June.

This is your chance to get a free health check-up, learn how to improve your fitness levels and get your body moving with exercise and football taster sessions.

Community Lead Councillor for Custom House & Canning Town Pat Holland, said: "We want this event to tackle local health issues head on. Canning Town has the highest rates of death from cancer in the borough and high rates of circulatory diseases in women. This is an opportunity for residents to come along and get free health information that could change their life."

There'll be a wide range of stalls with information about cancer awareness, complimentary therapies, Newham Fit Club, smoking cessation, diabetes, dentistry and more.

Watch out for the flyer coming through your door soon and bring it with you to claim a free massage.

Custom House & Canning Town Community Forum Health Event Saturday 16 June, 11am – 3pm
St Luke's Community Centre, 89 Tarling Road, Custom House E16 1HN

**it's our borough
play your part**

NEWHAM COMMUNITY FORUMS

COMMUNITY NEWS



STRATFORD & WEST HAM

NEWHAM PUPILS HONOURED FOR 'XL-CELLENT' SUCCESS

Year 11 students from Kingsford School in Beckton were honoured at a special celebratory event in association with Stratford Circus for their achievements in completing a Prince's Trust programme.

The 'xl celebration day' brought together 145 students from 14 schools who have participated in the youth charity's xl programme over the past two years.

It helps students who are struggling with school and are at risk of exclusion. For three hours a week, a group of students meet at school with their xl adviser and get involved in activities such as community projects, drug and health workshops, work experience, entrepreneurial skills and a national accreditation ASDAN award.

Prince's Trust ambassador DJ Natty attended and helped with the various workshop activities. Students got to experience graffiti art, street-dance, special effects, film-making and drama, DJ-ing skills and music production.



CHILD SAFETY WEEK THIS MONTH

Every week, five children and young people die in accidents and 2,000 are admitted to hospital.

During Child Safety Week we all have an opportunity to think about how to make life safer for children.

The Local Safeguarding Children Board will have a stall in Stratford Mall on 23 June from 10am-2pm. Information and advice will be available for parents and carers of children and young people.



PLAISTOW

NEWHAM OFFICER HONOURED FOR WORK WITH SCHOOLS

A police officer from Newham's Anti-Social Behaviour Unit has won an award for his work in encouraging pupils from New City Primary School in Plaistow to get on their bikes.

PC Paul Delivett received the honour at Transport for London's first ever Cycling Communities Awards, held at City Hall, Westminster. The awards celebrate London's cycling communities, with outstanding achievements recognised.

PC Delivett, along with Liz Bowgett from the school, accepted a special award for an Outstanding Example

of Partnership Working, for the smooth organisation of New City's mass club bike

rides to the Thames Barrier Park. More than 100 pupils and parents took part in the rides.



Children from New City Primary on one of their mass bike rides

GOT A STORY FOR COMMUNITY NEWS? WE WANT TO HEAR FROM YOU. **EMAIL NEWHAM.MAG@NEWHAM.GOV.UK**



STRATFORD & WEST HAM

NEWHAM FAIRTRADE NETWORK EVENT

Are you interested in Fairtrade? There is a local campaign to make Newham a fairtrade borough. If you would like to find out more and meet other people who support getting a better deal to the third world, come along to this exciting event on **Thursday 7 June**.

There will be food tasting, a chance to buy fairtrade goods and more. It's at St John's Church, Broadway, Stratford, from 6-8pm. If you would like to go along, please contact Sarah Williams at Newham Food Access Partnership on 020 8522 2000.



NEWHAM-WIDE

SURE THING FOR JUNE

National Sure Start Month brings 30 days of free or low-cost activities for under-fives and their parents in Newham.

It will celebrate the many ways of helping children to learn and develop through play – and making the point that early education really is fun.

At the eight Early Start Programmes – not to mention children's centres, nurseries, pre-schools and libraries across the borough – there will be activities to suit even the pickiest under-five. For the Sure Start Month programme includes everything from fun days and picnics to craft sessions and story time, all organised by some of Newham's best childcare professionals.

For more details, visit your local Early Start or ring Newham Children's Information Service on 0800 074 1017.



CUSTOM HOUSE/CANNING TOWN

WOODLAND GREEN FUN DAY A BIG SUCCESS

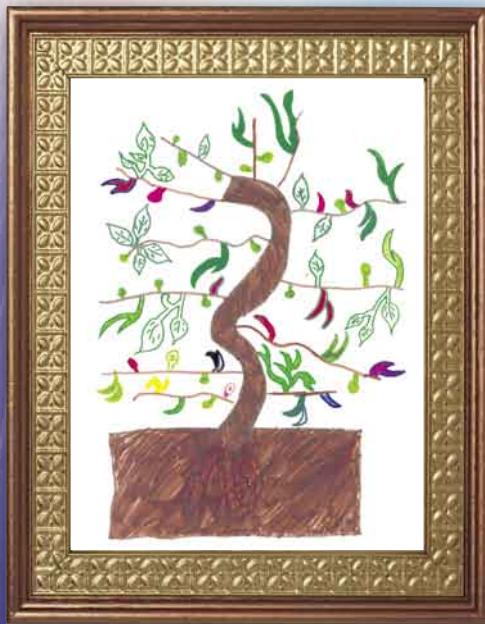
More than 160 people of all ages went along to the Ashburton Woodland Green Fun Day, despite the unpredictable weather.

Visitors to the woodland on Freemasons Road listened to a talk by wildlife experts Kodi Pohatu and Zoe Goss from Groundwork East London, about what is growing in the woods. They explored the woodland and helped to clear the area. More than 50 children won prizes, which were various plants for their gardens. Young children also enjoyed a bouncy castle and a face painter at Rosetta Primary School on Sophia Road.

Extensive improvements have been made to Ashburton Woodland by the council's Canning Town and Custom House Regeneration Project Team, in partnership with the council's parks service, Pinnacle psg and Groundwork East London. Visitors to the event took the opportunity to make suggestions and submit ideas about what they want to see in the woodland in the future.

Kids' Corner

Crossword Answers



Tahmina Yasmin, 9



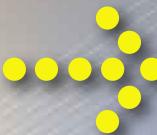
Ahad Aman Sheikh, 12



Kimiah Hibbert-Motaghedi



Mohima Khan, 9



PLEASE SEND YOUR
DRAWINGS, JOKES
AND POEMS TO:

KIDS' CORNER, NEWHAM TOWN HALL, EAST HAM E6 2RP

Gallery

Poem



Peace...
by Anisah Hussain, 10

The wind blowing,
like the glistening lake flowing.

Raise, your head up so high.
While the beautiful autumn leaves lie.

Wrap yourself in a fleece,
and remember one word and that is PEACE!

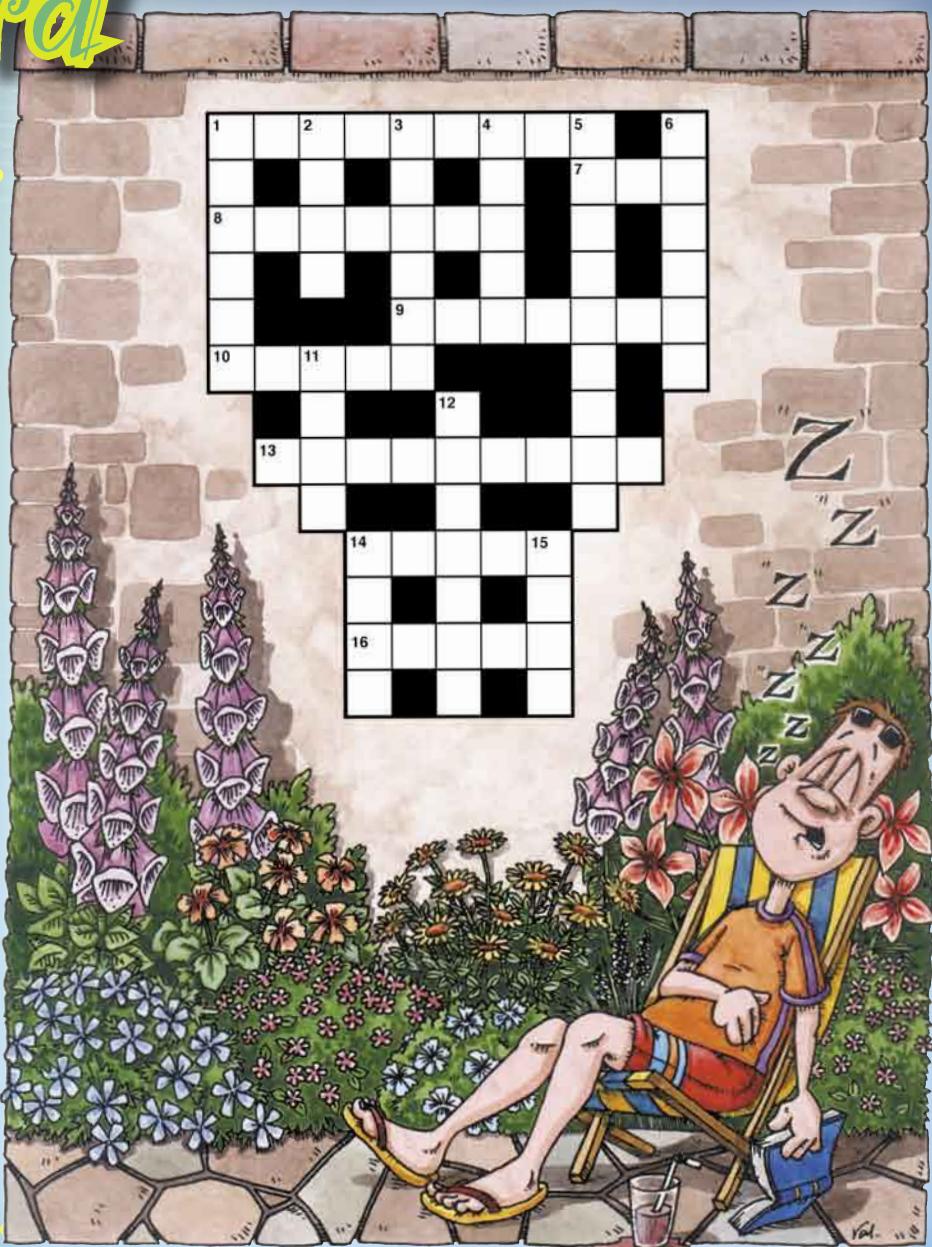
Crossword 1

Across

- 1. Flowers which sound like vegetables! (5,4)
- 7. People travel to this country to visit Disneyland and the Grand Canyon (1,1,1)
- 8. Famous US singer who had an early hit called 'Holiday' (7)
- 9. Unpleasant personal remarks (7)
- 10. Flowers which are symbols of England (5)
- 13. People cook on these outdoors during summer (9)
- 14. Many people go on a pilgrimage to this city, the holiest of Islam (5)
- 16. People put this on strawberries (5)

Down

- 1. Season between spring and autumn (6)
- 2. Finishes (4)
- 3. Andy Murray plays this sport at Wimbledon (6)
- 4. Older school pupils receive the results of these in the summer (5)
- 5. This tall plant has flowers with brilliant yellow heads (9)
- 6. Small Indian pastry filled with vegetables or meat (6)
- 11. 'Neighbours' or 'Home and Away' (4)
- 12. Holidaymakers lie on these trying to get a tan (7)
- 14. Small rodents (4)
- 15. Princes William and Harry are in this force (4)



Thames Barrier Park is open from 7am-7.30pm
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 » North Woolwich Old Station Museum, Pier Road, North Woolwich E16 2JJ
 020 7474 7244

Free Newham Gold Card Activities

Some venues may be subject to change. Please call Newham Council on 020 8430 2484 prior to attending.

Football and Basketball

Every Monday
 ⌚ 4.30-6.30pm
 » Winsor Park
Every Tuesday
 ⌚ 5-7pm
 » Royal Victoria Gardens Ball Cage
Every Wednesday
 ⌚ 5-7pm
 » New Beckton Park Ball Cage
Every Thursday
 ⌚ 4.30-6.30pm
 » Canning Town MUGA
 ⌚ 6-8pm
 » Plashet Park
 ⌚ 5-7pm
 » Phoenix Cage
Every Thursday
 ⌚ 4.30-6.30pm
 » Priory Park Ball Cage
 ⌚ 5.30-7.30pm
 » Barking Road Recreation Ground
Every Friday
 ⌚ 5-7pm
 » Lister Gardens Park
 ⌚ 5-7pm
 » Ford Park

Football

Every Monday
 ⌚ 6-8pm
 » Plaistow Park
Every Tuesday
 ⌚ 5.30-7.30pm
 » Little Ilford Park Ball Cage
 ⌚ 5-7pm
 » Stratford Park
 ⌚ 5-7pm
 » Phoenix Cage
Every Wednesday
 ⌚ 5-7pm
 » The CAGE (Chatsworth Active Games Enclosure)
Every Thursday
 ⌚ 5-7pm
 » Scud Park Ball Cage
 ⌚ 6-8pm
 » Forest Gate Youth Centre
Every Friday
 ⌚ 4.5-5.30pm
 » St John's Community Centre
 ⌚ 6-8pm
 » Priory Park Ball Cage

Basketball

Every Monday
 ⌚ 7-9pm
 » The Froud Centre
Every Tuesday
 ⌚ 7.30-9.30pm
 » Plaistow Park
 ⌚ 5-7pm
 » Royal Victoria Gardens Ball Cage
Every Wednesday
 ⌚ 5-7pm
 » Phoenix Cage
Every Thursday
 ⌚ 4.30-6.30pm
 » Priory Park
Every Friday
 ⌚ 5-6.45pm
 » Forest Gate Youth Centre

Multi-Sports

Every Monday
 ⌚ 5-7pm
 » Alma Street MUGA
 ⌚ 5-7pm
 » Langthorne Park
Every Tuesday
 ⌚ 4-5pm
 » Carpenters and Docklands Centre
 ⌚ 5-7pm
 » Stratford Park
Every Wednesday
 ⌚ 4-5pm
 » Carpenters and Docklands Centre
 ⌚ 5-7pm
 » The CAGE (Chatsworth Active Games Enclosure)
 ⌚ 5-7pm
 » Stratford Park
Every Thursday
 ⌚ 4-6pm
 » Can Hall Park
Every Thursday
 ⌚ 5-7pm
 » The Cage (Chatsworth Active Games Enclosure)

Cricket

Every Tuesday
 ⌚ 5.30-7pm
 » Score Complex
Every Thursday
 ⌚ 4.30-6pm
 » Drapers Field

Athletics

Every Thursday
 ⌚ 4.30-6pm
 » Drapers Field

SEN Basketball

Every Monday
 ⌚ 3.15-5.15pm
 » Eastlea School

Urban Street Vibes (Dance)

Every Monday
 ⌚ 7-8.30pm, 11-16 years
 » Carpenters and Docklands Centre
 ⌚ 7-8.30pm, 14-19 years
 » Froud Centre
Every Tuesday
 ⌚ 6.30-8pm, 11-14 years
 » Priory Park
 ⌚ 7-8.30pm, 11-16 years
 » Hartley Centre
Every Wednesday
 ⌚ 4.30-6pm, 11-14 years
 » Forest Gate Youth Centre
 ⌚ 5-6.30pm, 14-19 years (Intermediates)
 » Stratford Circus
Every Thursday
 ⌚ 3.30-5pm, 14-19 years
 » Little Ilford Youth Centre
 ⌚ 5-6.30pm, 14-19 years (Boys only)
 » Stratford Circus
 ⌚ 7-8.30pm, 14-19 years
 » Beckton Globe

Libraries activities for young people

Homework Club

Homework support and advice for young people aged seven to 14. School term only.

» Beckton

⌚ Every Tuesday 4-6pm
 » Canning Town
 ⌚ Every Saturday 10am-12noon
 » Custom House
 ⌚ Every Saturday 10am-12noon
 » East Ham
 ⌚ Every Monday 4-6pm



2-30 June



» The Gate

⌚ Every Thursday 4-6pm

» Green Street

⌚ Every Tuesday 4-6pm

» Manor Park

⌚ Every Saturday 10am-12noon

» North Woolwich

⌚ Every Thursday
3.30-5.30pm

» Plaistow

⌚ Every Thursday 4-6pm

» Stratford

⌚ Every Monday 4-6pm

Deaf Children's Homework Club

Homework support and advice for young people aged five to 12 with hearing impairment. The sessions are supported by a BSL signer.

» The Gate

⌚ Saturday 16 and 30 June,
10am-12noon

Congolese Women's Association Saturday School

This is a children's French speaking group.

» The Gate

⌚ Every Saturday 1-4pm

Children's Games Club

Board games and activities for children aged five to 12.

» Canning Town

⌚ Every Thursday 4-6pm

Games Club

PS2 and Xbox games, music, board games and many more activities for young people aged eight to 13.

» Custom House

⌚ Every Tuesday
3.30-5.30pm

» East Ham

⌚ Every Tuesday
3.30-5.30pm

» Manor Park

⌚ Every Thursday 4-6pm

Teenage Games Club

PS2 and Xbox games, music, board games and many more activities for young people aged 12 to 16.

» Beckton

⌚ Every Monday and
Wednesday 3-5pm

Family Reading Group

A chance for children aged five to 11 and their families to read together and have fun.

» The Gate

⌚ Sunday 3 June and
Sunday 1 July
2.30-4pm

Children's Reading Group

Explore the pleasure of reading in a family-friendly environment.

» Canning Town

⌚ Thursday 7 June
4.30-5.30pm

Teen Xtra Evenings

Free activities for young people aged 12 to 21.

» The Gate

⌚ Every Friday,
6-8pm

Addresses

- Alma Street MUGA
- Alma Street, Stratford E15
- Barking Road
- Recreation Ground
- Burges Road, East Ham E6
- Beckton Globe
- 1 Kingsford Way,
Beckton E6 5JQ
- Can Hall Park
- off Can Hall Road,
Leytonstone E11
- Canning Town MUGA
- corner of Freemasons Road
and Sophia Road, E16
- Carpenters and
Docklands Centre
- 98 Gibbins Road,
Stratford E15 2HU
- Drapers Field, corner of
Leyton High Road and
Temple Mill Lane
- Ford Park, Canning Town E16
- Forest Gate Youth Centre
- Woodgrange Road, Forest
Gate E7 0DH
- Froud Centre
- Toronto Avenue,
Manor Park E12 5JS
- Hartley Centre
- 267 Barking Road,
East Ham E6 1LB
- Langthorne Park
- off Leytonstone High Road,
Leytonstone E11
- Little Ilford Youth Centre
- 1a Rectory Road, Manor
Park E12 6JB
- Little Ilford Park Ball Cage
- Reynolds Avenue, Manor
Park E12
- Lister Gardens Park
corner of Upper Road and
Florence Road, Plaistow E13
- New Beckton Park
- Savage Gardens, Beckton E6
- Plaistow Park
- Balaam Street, Plaistow E13
- Plashet Park
- Woodhouse Grove,
East Ham E7
- Phoenix Cage
- Milner Road,
West Ham E13
- Priory Park
- 106 Parr Road, East Ham E6
- Royal Victoria Gardens
- Ball Cage
- Pier Road,
North Woolwich E16
- Score Complex
- Score Community Building,
100 Oliver Road, Leyton
E10 5JY
- Scud Park Ball Cage
- Tant Avenue, Canning
Town E16
- St John's Community Centre
Albert Road, North Woolwich
E16 2JB
- Stratford Circus
Theatre Square,
Stratford E15 1BX
- Stratford Park
- Densham Road, Stratford E15
- The CAGE (Chatsworth
Active Games Enclosure)
- Cruickshank Road,
Stratford E15
- Winsor Park
- Warwall, Beckton E6

Open Evening

Birkbeck, University of London

Thursday 14 June
4–7.30pm Old Town Hall, Stratford

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